

Family Wellness Center

Operated by Premise Health

32 Chicago Ave. Second Floor, Groton, CT (860) 629 8272

The EB Family Wellness Center is offering personalized musculoskeletal care for any EBAC members involved in all sports throughout the year

EBAC members who have United Healthcare insurance are eligible for a consultation and treatment plan for sports or orthopedic injuries

If you have an orthopedic injury (i.e. sprain or strain) during a game or are experiencing persistent pain and discomfort preventing you from participating in sports or other EBAC activities, you can call the EB Family Wellness Center for an evaluation. One of the qualified providers (MD, PA, NP) will perform an evaluation and provide a recommended care plan

The Wellness Center also has an onsite Physical Therapist/Athletic Trainer to provide specialized musculoskeletal care to prevent future and rehabilitate current orthopedic injuries – no referral is required for your first visit!

Members can make an appointment by calling (860) 629 8272

All standard rates apply for the Electric Boat Family Wellness Center. A provider evaluation is \$45 a visit and a physical therapy appointment for evaluation or treatment is \$25 a visit

When calling, be sure to mention that you are calling for a sports injury and you are a member of the EBAC!

Remove By: 1/30/26 Approved By: CE